

30 minute skirt

This is a simple dirndl style skirt with an elastic waistband. An ideal skirt for children and a useful one for teenagers and adults.

Here is a size chart (i.e. body measurements for 'average' children) in inches.

Age	2	3	4	5	6	7	8	9	10	11	12	13	14
Waist	20	20½	21	21½	22	23	23½	24	24½	25	25½	26	26½
Skirt Length (Waist to knee)	8½	10	12½	13½	14½	15½	16½	17	17½	18	18½	19	19½

For teenagers and adults you just need the waist measurement and the length of skirt required.

Requirements

Fabric - a rectangle measuring twice the waist plus 2½" (6cms) by required skirt length plus 1½". This can be cut as one piece or two depending on size of skirt.

Elastic - 38mm elastic, length of waist plus 1" (2.5cms).

Method

1. Join the elastic into a circle with a ½" seam. Zig zag the cut edges and then sew down flat. (Zigzag settings: Width 3.5, length 2.5_
2. Stitch the skirt fabric into a tube with 5/8" seam allowance (either one seam or two depending on how you cut it) and press open. Overlock or zigzag the raw edges.
3. Mark quarters on both the skirt and the elastic.
4. Pin or clip the elastic to the skirt distributing the fullness evenly.
5. Stitch with a zigzag stitch, short length and quite wide. My machine settings were
6. Fold the hem up ½" and fold a second time. Stitch.