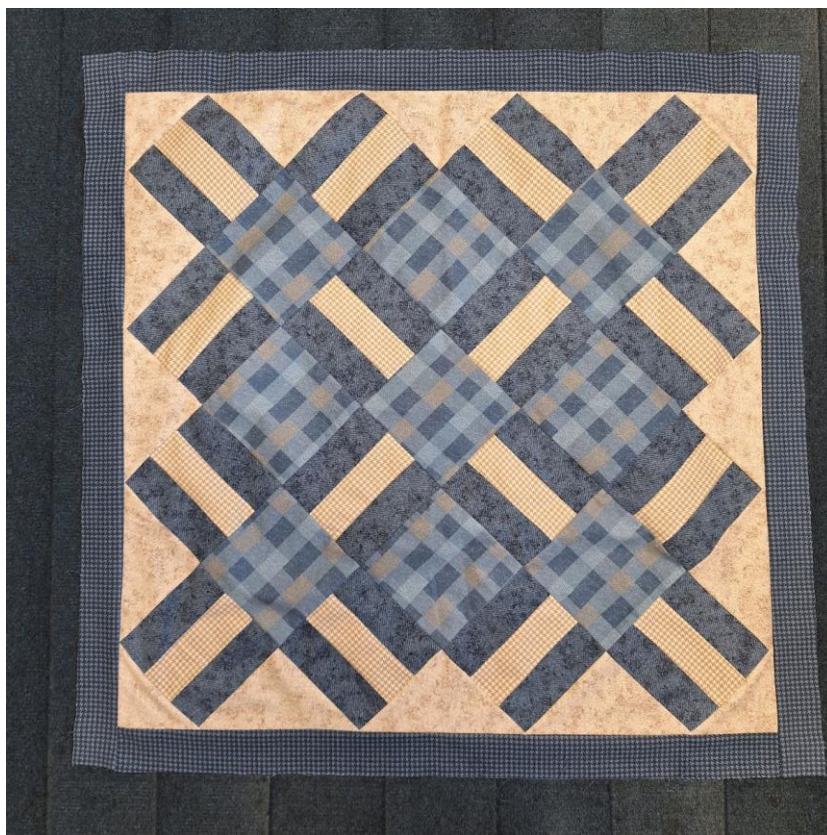




Flip Flop Quick Quilt

(inspired by a magazine item from 2001)



Approx. finished size: 37" square
By Valerie Nesbitt

Fabrics requirements:

1/2m for setting triangles

1/2m for main squares – plaid

40cm colour 1 for rail fence

20cm colour 2 for rail fence

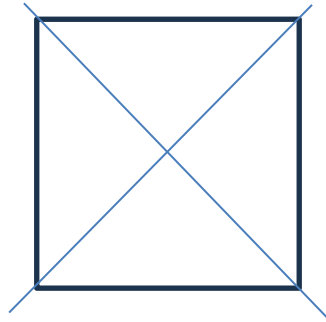
Border - 25cm (but more if you want a wider border)

Workshop Notes

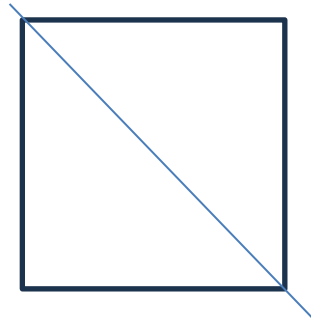
- Make rail fence blocks by cutting strips 2.5" wide – you will need two of colour 1 and one of colour 2
- Sew together as a long triple strip, press seams to one side and then cut into squares – i.e. measure the width (** make a note as you will need it again in the next step) and then cut into squares – you need 16 in total (so you will need to make another strip set).
- Taking the measurement above ** cut 9 squares from the plaid fabric.

The quilt is sewn together with rows on the diagonal, so you will need to cut setting triangles and corner squares before you can do that.

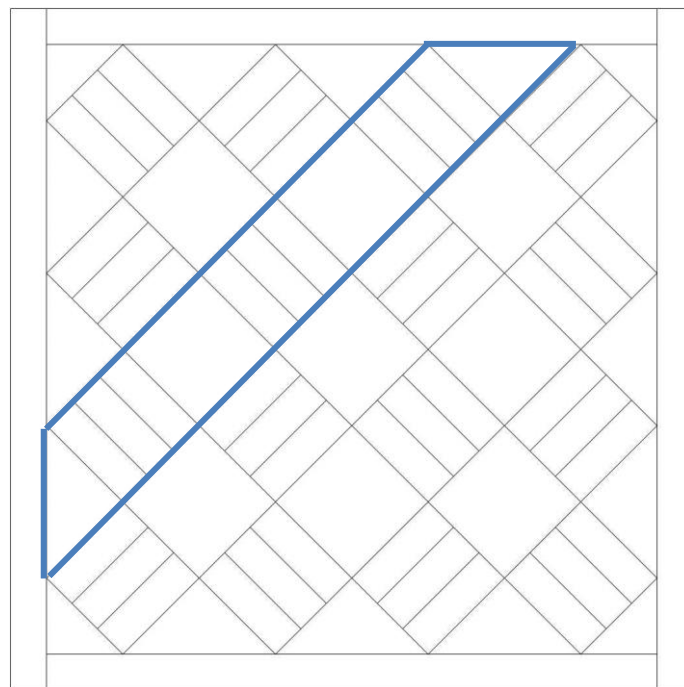
- The **setting triangles** come from a square that is cut 9.75" and then divided on both diagonals – you need 12 triangles so you need to cut and divide 3 large squares.



- For the **corner triangles**, you need to cut two squares at 5.5" and divide once on the diagonal – this is the 4 you need.



- Lay the quilt out as per the picture and sew a row at a time, following the example in the diagram below and adding a setting triangle to the ends of each row, taking care with the edges of the blocks that you match seams – nesting them so that the seams go in opposite directions.



Example of a row to sew.

- Once you have the quilt together you can add the border – which was cut at 2.5" but you could make it larger if you wanted, but you would need more fabric!

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