



Quick and Easy Table Runner



By Valerie Nesbitt
Approx. finished size: 18" by 46"

Fabrics requirements:

Five 10" squares
20cm first border
30cm second border
Plus backing, binding and wadding

Cutting Instructions

Cut each 10" square into 4 strips – two at 3½" and two at 1½"

3 ½"	3 ½"	1 ½"	1 ½"
------	------	------	------

Cut 3 strips 2" wide for 1st border
Cut 3 strips 3½" wide for 2nd border

Workshop Notes

Using two fabrics, mix the strips so that you have alternate 3½" and 1½" strips, you will need two of each per unit.

Sew together to make 5 units. Press blocks.

Join the units together in one line. Press.

Your project will be approx. 10" by 40"

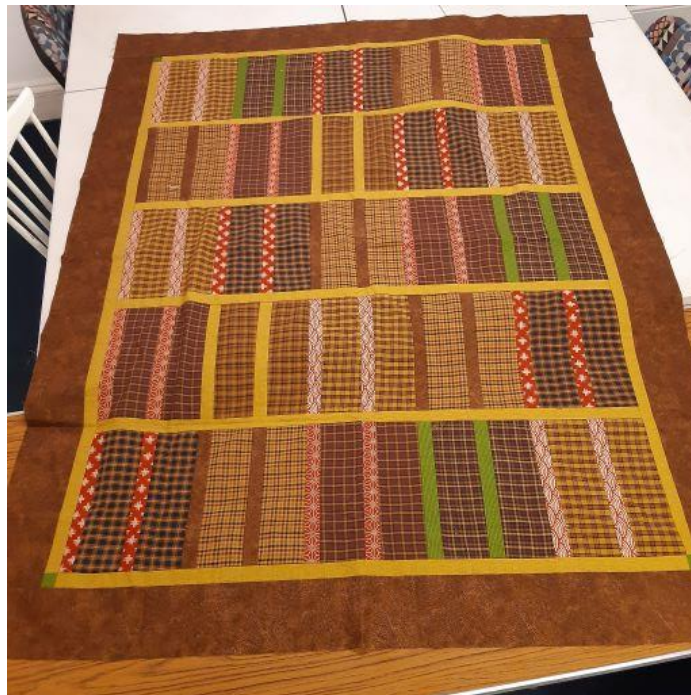
For the first border add the long sides first, trimming the strips to fit. Press seams.

Cut the 3rd strip in 2 pieces the width of your runner (approx. 13") and add. Press seams.

Repeat for the second border – if your fabric is 44" wide you shouldn't need to join pieces for the long sides. Add long sides then short sides. Press.

Layer Quilt and Bind.

You can also use this technique to make a quilt. Make five rows as above then add 1st border between the rows and join them. Add the same fabric round the whole quilt then add a second border as described above.



© 2022 Valerie Nesbitt